

# Redefining muscle sculpting.

## FREQUENTLY ASKED QUESTIONS

### **What is truSculpt® flex?**

truSculpt flex is a personalized muscle sculpting treatment that adjusts to your fitness level, shape, and goals to strengthen, firm, and tone your muscles. The unique Multi-Directional Stimulation (MDS) technology delivers three treatment options by replicating intensified crunch, squat and twisting actions. It's the edge you need to look and feel your best.

### **Am I a candidate for truSculpt flex?**

Healthy men and women can benefit from truSculpt flex treatments. During your consultation, our provider will discuss with you if you are a candidate, based on your health and medical history.

### **How long does a treatment take?**

Up to eight areas can be treated in one 45-minute session.

### **How many treatments will be needed?**

Remarkable results can be achieved with as little as four treatments. Additional treatments may be required to achieve the personalized results you desire.

### **What will the treatment feel like?**

As the treatment begins, patients feel a gentle contraction sensation and, as the intensity slowly increases, the muscle contraction intensifies but remains comfortable.

### **Is there really no downtime?**

truSculpt flex is non-invasive, requires no recovery time, and patients are able to immediately return to normal activities after the treatment. Post-procedure, patients may notice tingling in the areas treated for up to a few hours and/or slight muscle soreness or tenderness for 24-72 hours.

### **When will I see results?**

Results may be visible after the second session with maximum results visible 8-12 weeks after the last session.

Schedule your free consultation today.

PRACTICE NAME

PRACTICE NUMBER

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