



truSculpt FLEX Pre-Treatment Instructions

Before your treatment:

Hair in the treatment and gel pad area may need to be shaved.

Be well hydrated prior to treatment.

Body piercings may need to be removed if under or near the treatment area.

Refrain from alcoholic beverages, caffeine and fatty foods during the treatment regimen.

Exercise is not recommended on the day of the treatment.

Notify Columbia Laser Skin Center of any changes to your health history or medications since your last appointment.

Please call our office if you have any questions 541.298.5066