columbia laser
skin center

Kybella Pre-Treatment Instructions

Kybella is an FDA approved cosmetic injection indicated for improvement in the appearance of submental fullness associated with submental fat in adults. The results of Kybella are not immediate. At your first treatment visit you will receive a series of injections in the submental area. At the time of injection and for several days following the injections you will have swelling in the submental area. Kybella will cause the fat cells to diminish gradually over the course of the next 4-8 weeks following your injection in the treated area. A series of treatments may be necessary to achieve optimal results and these will occur at no sooner than the one month interval. Your provider will decide the appropriate number of treatment sessions and the amount of Kybella you will need at each session.

Side Effects:

Side effects of Kybella may include: bruising, swelling, numbness, induration (a firmness of the area that was injected), marginal mandibular nerve injury (causing a temporary asymmetric smile), dysphagia (difficulty swallowing), bleeding, tenderness or discomfort, hyperpigmentation, redness, or alopecia (loss of hair) at the site of injection. In rare cases numbness and swelling can last up to 4 weeks.

Pre Treatment Instructions:

You should not be pregnant, nursing an infant, or have an infection of the area to be treated. Caution should be used in treating people with underlying dysphagia, as this condition may worsen with Kybella. Please tell you provider if you take any blood thinners, ibuprofen, or aspirin. Also, please let your provider know if you have a sensitivity to lidocaine or epinephrine.

Post Care Instructions:

-Ice packs may be used to the treated area during the first 12 hours - ice for 15 minutes on every hour the day of your treatment, and then as needed after that.

-Do not massage the injection site

-If you are able to tolerate ibuprofen take 200mg three times daily beginning the day of your treatment and for the following four days

- Avoid heavy exercise the day of your treatment

-Notify our office if any significant, swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever occurs.

The most commonly reported adverse reactions in the pivotal clinical trials were: injection site edema/swelling, hematoma/bruising, pain, numbness, erythema, and induration.

541.298.5066 OFFICE
541.806.5066 AFTER HOURS