



Facial Peel Post-Treatment Instructions

- On the day of your peel avoid washing or applying water to your face for up to two hours after your peel.
- You may use Epidermal Repair as needed for any discomfort and/or dryness
- Use the Gentle Cleanser twice a day to cleanse your face until the peeling is resolved.
- Use sunscreen EVERY DAY!
- Stay out of the direct sun until the healing process is complete
- Avoid vigorous exercise the day of your peel, as perspiration can cause extreme skin irritation
- With the Advanced Corrective Peel, Vitalize, Rejuvenize, TCA, and 3 Step Peels it is common and expected that your skin will be red, possibly itchy, irritated, and/or tight after your procedure. Peeling typically begins 2-3 days post peels and will last 2-7 days.
- You may also experience a darkening of your hyperpigmentation. This is normal and expected and will resolve once the peeling is complete.
- You may use your prescribed skincare the day following your peel.
- Please contact our office for any questions or concerns 541.298.5066