



Post Treatment Instructions for IPL

- **Wear sunscreen EVERY DAY – rain or shine!**
- **Use your physician prescribed skin care products as directed. You should plan to always use these same products, even after you have achieved your results. This protects your skin AND your investment!**
- **Redness may occur and can last 48-72 hours. You may also notice a red ring around the brown spots; this is normal.**
- **The brown spots will turn darker after your IPL treatment. This is a good thing, and represents a great response from the IPL treatment. The darkening will gradually flake off in 7-14 days. DO NOT pick or scrub at these areas!**
- **Avoid the sun and hot tubs (excessively hot environments) for 48 hours after your IPL treatment**
- **Should blistering or crusting occur please contact our office. In the meantime, stay out of the sun; apply antibiotics ointment to the area twice a day; and keep the area covered**
- **You may experience the sensation of mild sunburn after your IPL treatment. For relief you may take Ibuprofen or use ice packs.**
- **You may apply makeup immediately after your IPL treatment as long as there is no blistering. Otherwise refrain from using makeup until all blistering has healed.**
- **You will have an IPL treatment every 4 weeks. Optimal results take 3-6 treatments, depending upon the severity of the sun damage.**